

KEENS CURRY CHICKEN

TM

5



Total: 30min Preparation: 10min





Ingredients

Keens Curry Chicken

- 1 Large BBQ Chicken
- 2 onions
- 1 Capsicum

60g Butter or Extra Virgin Olive

- 1 teaspoon Keens Curry Powder
- 1 bay leaf
- 1 tablespoon sugar
- 2 tablespoon Vegetable or Chicken Stock Paste
- 400ml water
- 3 tablespoon Flour or GF flour

Preparation

Discard skin and bones from chicken. Chop chicken meat into bite size pieces.

Add onions and capsicum into TM bowl and chop 3 secs, speed 5.

Add butter/oil and cook 5 mins/Varoma/speed 1.

Add all other ingredients except chicken and cook 5 mins/100 degrees/speed 1.

Add chicken and cook 10 mins/100 degrees/"Counter-clockwise operation" /speed 1.

Remove bay leaf and serve with rice.



Caution:

Please note that the TM5 mixing bowl has a larger capacity than the TM31 (capacity of 2.2 liters instead of 2.0 liters for TM 31). Recipes for the Thermomix TM5 may not be cooked with a Thermomix TM31 for safety reasons without adjusting the quantities. **Risk of scalding by spraying of hot liquids**: Do not exceed the maximum filling quantity and observe the filling level markings of the mixing bowl!

This recipe was provided to you by a Thermomix ® customer and has not been tested by Vorwerk Thermomix ® or The Mix Australia Pty Ltd and The Mix New Zealand Ltd.

Vorwerk Thermomix ® and The Mix Australia Pty Ltd and The Mix New Zealand Ltd assume no liability, particularly in terms of ingredient quantities used and success of the recipes.

Please observe the safety instructions in the Thermomix ® instruction manual at all times.

Author: Neeron Source: http://www.recipecommunity.com.au